



ENGLEWOOD KRAV MAGA ISRAELI SELF DEFENSE

ENGLEWOOD KRAV MAGA CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				closed	Little Kids (3-4 yrs) 8:00 - 8:30 am	Little Kids (5-6 yrs) 8:15 - 9:00 am
				closed	Little Kids (5-6 yrs) 8:30 - 9:15 am	Kids (7-12 yrs) White Belt 9:15 - 10:15 am
				closed	White Belt Boxing 9:30 - 10:30 am	Kids (7-12 yrs) Yellow Stripe 10:30 - 11:30 am
	Little Kids (3-4 yrs) 4:00 - 4:30 pm	Little Kids (3-4 yrs) 4:00 - 4:30 pm	Little Kids (4-6 yrs) Yellow Stripe 3:45 - 4:30 pm	closed	Yellow & Up 10:30 - 11:30 am	White Belts 11:15 - 12:15 pm
Kids (7-12 yrs) White Belts 4:30 - 5:30 pm	Little Kids (5-6 yrs) 4:30 - 5:15 pm	Kids (7-12 yrs) White Belts 4:30 - 5:30 pm	Little Kids (5-6 yrs) 4:30 - 5:15 pm	closed		Kids (7-12 yrs) Yellow & Up 11:45 - 12:45 pm
Kids (7-12 yrs) Yellow Stripe 5:45 - 6:45 pm	Kids (7-12 yrs) Yellow & Up 5:30 - 6:30 pm	Kids (7-12 yrs) Yellow Stripe 5:45 - 6:45 pm	Kids (7-12 yrs) Yellow & Up 5:30 - 6:30 pm	closed		Yellow & Up 12:30 - 1:30 pm
White Belts 6:30 - 7:30 pm	Kids (7-12 yrs) Orange Stripe & Up 6:30 - 7:30 pm	White Belts 6:30 - 7:30 pm	Kids (7-12 yrs) White Belt & Yellow Stripe 6:45 - 7:45 pm	closed		
Boxing Technique Yellow & Up 7:45 - 8:45 pm	Yellow & Up 7:45 - 8:45 pm	Yellow & Up 7:45 - 8:45 pm	Green & Up 7:45 - 8:45 pm	closed		
	White Belts 8:45 - 9:45 pm		White Belts 8:45 - 9:45 pm	closed		

Englewood Krav Maga 26 E Forest Ave, Englewood, NJ 07631